



**November 10 & 11, 2015
9am to 4pm daily**

Angel Yuen MSW, RSW

**Location:
Oshawa Community Health
Centre
115 Grassmere Ave
Oshawa, ON L1H 3X6**



Certificates of Participation will be available upon completion of the workshop and will state 6 hours of narrative therapy training. Certificates may be used to qualify for eligibility for continuing education credits from professional colleges and licensing boards. Please contact your own college or association to confirm its requirements.

Narrative Therapy: Responding to Trauma

Facilitated by Angel Yuen

Stories of trauma can contribute to a sense of hopelessness for persons of all ages, as well as the service providers they are consulting with. Narrative Therapy approaches to traumatic experience assist people to redevelop/develop a sense of personal agency and suggest that there is *always* another story. These are often subordinated stories of connection, hope, cherished values, and unacknowledged ways in which people respond to hardship.

In this workshop, Angel will share stories of her work to illustrate the practices of narrative therapy. Many insider knowledges will be shared of how those who have experienced the consequences of trauma sustain what is important in life despite difficulties. As well their many skills, and acts of resistance will offer hope to practitioners working with persons living with and facing ongoing hardships.

In this practice-based workshop, together we will:

- focus on rich subordinate story development
- explore some of the taken-for-granted understandings of trauma and PTSD
- develop skills in the narrative therapy practice of double-listening while viewing video interviews
- learn how to move from individual to Collective Narrative Practice
- practice the Tree of Life methodology
- discover people's responses, skills in living and acts of resistance to violence and oppression
- build skills in asking re-remembering questions to thicken preferred identity stories
- examine the broader power relations and small 'p' (political) practices that can be brought into the counselling room and community work

Narrative Therapy: Responding to Trauma

Oshawa Community Health Centre—115 Grassmere Ave, Oshawa

www.narrativetherapycentre.com

Angel Yuen M.S.W., R.S.W. is a private therapist in Durham region and a part-time school social worker for the Toronto District School Board. Many children, young people and adults she has worked alongside have experienced trauma, violence and oppression. She has a particular interest in co-discovering and seeking out hopeful and effective ways of responding to hardship.

Angel has published the following papers re: narrative ideas and responding to trauma: **Discovering Children's Responses to Trauma: a response-based narrative practice (2007)** and **Less Pain More Gain: Explorations of responses versus effects when working with the consequences of trauma (2009)** As one of the founding members and faculty of the NTC of Toronto, she has been teaching narrative ideas locally and in several different countries for the past decade. Angel is a member of the Dulwich Centre international faculty team in Adelaide, Australia and is co-editor with Cheryl White of the 2007 book "**Conversations about gender, culture, violence & narrative practice: Stories of hope and complexity from women of many cultures**".

Registration—November 10th-11th, 2015 9am to 4pm daily

Name: _____ Email: _____

Agency: _____ Day Phone: (____) - ____ - ____ x ____

Address: _____ Home Phone: (____) - ____ - ____ x ____

City, Prov.: _____ Postal: _____ This is my Home Address Business Address

Registration fees:

Special low early rate of \$195 available until September 18th 2015

Early rate \$225 until October 23rd, 2015

Regular rate of \$250 after October 23rd, 2015

Method of Payment:

Total Enclosed \$ _____

Cheque— Please make cheques payable to *Narrative Therapy Centre*
—**Mail to:** Narrative Therapy Centre, P.O. Box 31030, Westney Heights RPO,
15 Westney Road N., Ajax, ON. L1T 3V2

Credit Card (**please mail** as above, **or FAX** to 905-427-8231)

Cardholder Name: _____

Card Number: _____ Exp. Date: ____/____
(VISA MC AMEX)

Signature: _____

Student / Group Rate

Receive a 10% discount

Students please attach copy of student ID. Groups of 3 or more please register together in one envelope.

Cancellation Policy

Cancellations will be accepted if requested in writing at least 14 days prior to the event. A 10% admin fee will be deducted from the amount to be refunded. We regret that a refund cannot be offered after the cancellation date, but a colleague may be substituted for attendance.

Registration inquiries can be made by emailing contact@narrativetherapycentre.com or calling 905-427-8239